

Contents

UNIT 1

Text 1: A Beauty Therapist

Vocabulary	13
Refresh Your Grammar. Practise Your Vocabulary	13
Expand and Practise Your Skills	16
Dialogue 1	22
Dialogue 2	23
Expand and Practise Your Skills	24

Text 2: Beauty Therapy as a Profession

Vocabulary	26
Study and Practise the Vocabulary	26
Expand and Practise Your Skills	28

UNIT 2

Text 1: In a Beauty Salon

Vocabulary	32
Refresh Your Grammar. Practise Your Vocabulary	32
Expand and Practise Your Skills	34
Dialogue 1	40
Dialogue 2	41

Text 2: Beauty Salon Equipment

Vocabulary	44
Study and Practise the Vocabulary	44
Expand and Practise Your Skills	47

UNIT 3	53
Text 1: The Receptionist	53
Vocabulary	53
Refresh Your Grammar. Practise Your Vocabulary	55
Expand and Practise Your Skills	57
Dialogues	58
Text 2: Body Treatment	61
Vocabulary	61
Study and Practise the Vocabulary	64
Expand and Practise Your Skills	71
UNIT 4	73
Text 1: The Work of a Beauty Therapist	73
Vocabulary	73
Refresh Your Grammar. Practise Your Vocabulary	78
Expand and Practise Your Skills	82
Dialogue 1	83
Dialogue 2	84
Text 2: Beauty Therapy – Profession with Prospects	86
Vocabulary	86
Study and Practise the Vocabulary	89
Expand and Practise Your Skills	93
UNIT 5	94
Text 1: Skin Analysis	94
Vocabulary	94
Refresh Your Grammar. Practise Your Vocabulary	96
Expand and Practise Your Skills	102
Dialogue 1	103
Dialogue 2	105
Text 2: Skin Structure and Function	106
Vocabulary	106
Study and Practise the Vocabulary	108
Expand and Practise Your Skills	112

UNIT 6	113
Text 1: Facials	113
Vocabulary	113
Refresh Your Grammar. Practise Your Vocabulary	115
Expand and Practise Your Skills	122
Dialogue 1	124
Dialogue 2	124
Text 2: Improving the Appearance	126
Vocabulary	126
Study and Practise the Vocabulary	128
Expand and Practise Your Skills	132
UNIT 7	133
Text 1: Teenage Client	133
Vocabulary	133
Refresh Your Grammar. Practise Your Vocabulary	135
Expand and Practise Your Skills	139
Dialogue 1	139
Dialogue 2	141
Dialogue 3	142
Text 2: Acne	144
Vocabulary	144
Study and Practise the Vocabulary	146
Expand and Practise Your Skills	149
UNIT 8	151
Text 1: You Can Always Look Better!	151
Vocabulary	151
Refresh Your Grammar. Practise Your Vocabulary	153
Expand and Practise Your Skills	158
Dialogue 1	159
Dialogue 2	162
Text 2: The Art of Make-up	166
Vocabulary	166
Study and Practise the Vocabulary	168
Expand and Practise Your Skills	171

UNIT 9	172
Text 1: A Modern Woman	172
Vocabulary	172
Refresh Your Grammar. Practise Your Vocabulary	174
Expand and Practise Your Skills	181
Dialogue 1	182
Dialogue 2	184
Expand and Practise Your Skills	186
Text 2: Dry Skin	187
Vocabulary	187
Study and Practise the Vocabulary	189
Expand and Practise Your Skills	192
UNIT 10	194
Text 1: Cellulite	194
Vocabulary	194
Refresh Your Grammar. Practise Your Vocabulary	196
Expand and Practise Your Skills	207
Dialogue 1	208
Dialogue 2	210
Text 2: Combat the Orange-Peel Skin	213
Vocabulary	213
Study and Practise the Vocabulary	216
Expand and Practise Your Skills	218
UNIT 11	219
Text 1: Manicure and Pedicure	219
Vocabulary	219
Refresh Your Grammar. Practise Your Vocabulary	221
Expand and Practise Your Skills	228
Dialogue 1	229
Dialogue 2	231
Text 2: Nail Care	233
Vocabulary	233
Study and Practise the Vocabulary	235
Expand and Practise Your Skills	237

UNIT 12	238
Text 1: Herbs for Beauty	238
Vocabulary	238
Refresh Your Grammar	240
Expand and Practise Your Skills	245
Dialogue 1	245
Dialogue 2	247
Text 2: Tradition Never Forgotten	250
Vocabulary	250
Practise the Vocabulary	253
Expand and Practise Your Skills	254
UNIT 13	256
Text 1: There Is Always Something New to Learn	256
Vocabulary	256
Refresh Your Grammar	258
Expand and Practise Your Skills	262
Dialogue 1	263
Dialogue 2	265
Text 2: Vitamins and Minerals for Health and Beauty	267
Vocabulary	267
Practise the Vocabulary	270
Expand and Practise Your Skills	274
UNIT 14	275
Text 1: Advanced Technology in the Beauty Salon	275
Vocabulary	275
Refresh Your Grammar	277
Expand and Practise Your Skills	282
Dialogue 1	282
Dialogue 2	285
Text 2: How Does the Equipment Work?	287
Vocabulary	287
Practise the Vocabulary	290
Expand and Practise Your Skills	292

COSMETICS THROUGH AGES

293

HEALTH AND BEAUTY INGREDIENTS

305

SKIN DISORDERS

309

KEY TO EXERCISES

311

AUDIOSCRIPTS

328

WORD LIST

341

UNIT 13

Text 1: There is Always Something New to Learn

Vocabulary

Refresh Your Grammar

Expand and Practise Your Skills

Dialogue 1

Dialogue 2

Text 2: Vitamins and Minerals for Health and Beauty

Vocabulary

Practise the Vocabulary

Expand and Practise Your Skills

UNIT 14

Text 1: Advanced Technology in the Beauty Salon

Vocabulary

Refresh Your Grammar

Expand and Practise Your Skills

Dialogue 1

Dialogue 2

Text 2: How Does the Equipment Work?

Vocabulary

Practise the Vocabulary

Expand and Practise Your Skills