CONTRASTING EFFECTS OF 4-WEEK INHALATION EXPOSURE TO PSEUDOCUMENE OR HEMIMELLITENE ON SENSITIVITY TO AMPHETAMINE AND PROPENSITY TO AMPHETAMINE SENSITIZATION IN THE RAT

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Abstract

Objectives: Some data suggest that increased behavioural sensitivity to psychostimulants may develop after exposure to volatile chemicals in common use. The purpose of the present experiment was to find out whether and in what way inhalation exposure to pseudocumene (PS) or hemimellitene (HM) at low concentrations alters behavioural sensitivity to the psychostimulant amphetamine (AMPH), and propensity to develop behavioural sensitization to AMPH. Material and Methods: Adult male Wistar rats were exposed 6 h/day, 5 days a week for 4 weeks to PS or HEM at 0, 25, 100 or 250 ppm. Behavioural sensitivity to AMPH was assessed by measuring locomotor activity of the animals in an open-field. Behavioural sensitization to AMPH was induced by a repeated AMPH treatment. Results: In rats exposed to HEM, the behavioural sensitivity to AMPH was increased, but remained unchanged in rats exposed to PS. The second testing revealed an augmented behavioural response to AMPH in control rats. In the HM exposed rats this augmenting was significantly more evident and in the PS exposed rats significantly less evident than in controls. For each of the two solvents, the concentration-effect relationship was nonlinear; out of the three concentrations used, 100 ppm was the most effective. Conclusions: The results confirm that low-level inhalation exposure to trimethylbenzene isomers may induce behavioural sensitisation and/or increase the susceptibility of the animals to develop this state upon repeated psychostimulant treatment. They show, however, that HM and PS differ markedly in their ability to induce such alterations.

Key words: Hemimellitene, Pseudocumene, Inhalation exposure, Behavioural sensitization, Amphetamine, Rat

INTRODUCTION

Overuse of psychoactive substances, leading to dependence and addiction, is nowadays one of the grave social and medical problems in many countries. Therefore, pointing out factors increasing the subject’s propensity for drug abuse and development of drug dependence and addiction becomes an important task. According to some authors, the development of drug dependence and drug addiction is strongly related to a state of sensitisation in the central nervous system (CNS) induced by an exposure and resulting in long-term enhancement of behavioural and neurochemical responses to various stressors [1–3]. If so, then factors with the sensitising potential are — ex definitione — promoters of drug abuse and development of addiction. The best known sensitizers include psychostimulants (amphetamines and cocaine) and opiates. Sensitisation, however, may be induced also by various psychological and physical stressors [4], as well as exposure to some...
i.e. the same as for toluene [20]. Some years ago in studies on rats we found that a subchronic (4-week) inhalation exposure to PS or HM at 25, 100 and 250 ppm resulted in long-lasting changes in behaviour [21,22]. The character of these changes, i.e. an increased motoric response in situations of threat, suggested behavioural sensitisation. It has been shown years ago that behavioural sensitisation to stressful stimuli goes along with behavioural sensitisation to amphetamine [23]. Amphetamine(s) (AMPH) is a psychostimulant and one of the most popular, especially among youngsters, neuroactive drugs. The purpose of the present work was to find out whether an inhalation exposure to TMB at the same concentrations as used in the previous study would result in an increased behavioural sensitivity to psychostimulant and/or increased propensity to develop hypersensitivity to psychostimulants after a psychostimulant exposure.

**MATERIALS AND METHODS**

**Chemicals**

Pseudocumene (1,2,4-trimethylbenzene), CAS no 95-63-6, and hemimellitene (1,2,3-trimethylbenzene), CAS no 526-73-8, purity 97%, were purchased from FLUKA. Amphetamine (amphetamine sulphate — AMPH) was purchased from SIGMA. Before use, AMPH was solved in sterile physiological saline (Natrium chloratum 0.9%) to the required concentration. It was administered intraperitoneally at 1.0 ml/kg b.w.

**Animals**

Adult male Wistar rats from an outbreed stock were used in the experiment. The animals were obtained from NIOM breeding farm. They were housed in group cages, 4 animals per cage, in standard laboratory conditions. The ambient temperature (22°C±0.5°C), humidity (50–60%), and the light/dark cycle (12/12 h with the light on from 06:00 to 18:00 h) were automatically controlled. Solid food (Murigran pellets from AGROPOL, Motycz, Poland) and tap water were accessible in housing cages ad libitum. Body weight was measured routinely once a week. At the start of the experiment, the rats were about 3 months old and...
weighted 310–350 g. Behavioural tests were performed between 09:00 and 15:00 h.

Based on the body weight measurements, the animals were separated into seven groups (n = 6–8 animals per group):
1. Control — animals placed in the inhalation chambers and exposed to pure air,
2. PS25 — rats exposed to pseudocumene at 25 ppm,
3. PS100 — rats exposed to pseudocumene at 100 ppm,
4. PS250 — rats exposed to pseudocumene at 250 ppm,
5. HM25 — rats exposed to hemimellitene at 25 ppm,
6. HM100 — rats exposed to hemimellitene at 100 ppm,
7. HM250 — rats exposed to hemimellitene at 250 ppm.
The study design was approved by the Local Ethics Committee in Łódź (Decision No: 36/LB/373/2007, Issue date: 2007-05-28).

Inhalation exposure
The rats were exposed to the trimethylbenzenes in 0.25 m³ inhalation chambers with forced constant airflow (15–16 air exchanges per hour). The input air was filtered and conditioned to a mean temperature of 22–24°C. The required solvent vapour concentration was attained by bubbling an additional airflow through a flask containing solvent at 70°C. Samples of chamber air were taken at 30 min intervals to monitor the exposure concentration. The animals were exposed 6 h/day from 8:00 to 14:00, five days a week for 4 weeks. Within the inhalation chambers they were located in wire-mesh cages with no sawdust. Water and food were not accessible during the exposure.

The behavioural testing (pharmacological challenge test)
The pharmacological challenge test used in the present experiment consisted in measuring motoric behaviour in an open field before and after intraperitoneal administration of amphetamine test dose (0.5 mg/kg). This testing was performed twice. The first testing (Session 1) was performed two weeks after the last exposure in the inhalation chambers. Afterwards the rats were subjected to a sensitisation procedure, which consisted of repeated i.p. administration of AMPH at 2.5 mg/kg b.w. (one injection per day for five consecutive days). The second testing in the open field (Session 2) was performed three weeks after the last sensitising dose of AMPH.

Apparatus
A computerized 4-unit set of activity cages (PORFEX Ltd., Białystok, Poland) was used. Each cage (63×63×40 cm) was equipped with 2 tiers of infrared motion sensors allowing to measure locomotor (travelled distance) and exploratory (rearing) activities. Detailed description of the apparatus have been presented in other reports from this laboratory [24].

Testing procedure
Each testing (session 1 and 2) consisted of a preinjection measurement and two postinjection measurements, of which the first was preceded by injecting the rat with 0.9% NaCl (postSAL measurement) and the second by injecting the rat with 0.5 mg/kg of AMPH (postAMPH measurement) dissolved in 0.9% NaCl. All solutions were prepared immediately before use and given intraperitoneally (i.p.) at 1.0 ml/kg volume. The preinjection and postSAL measurements lasted 30 min each. The postAMPH measurement lasted 120 min. The interval between successive measurements was no longer than 2–5 min. The postinjection measurements started immediately after the injections. The sensitisation induction was started one day after end of session 1. For this purpose each rat was repeatedly injected with AMPH at 2.5 mg/kg b.w. (one injection/day for five days). Session 2 was performed on day 21 after the last sensitising AMPH dose. The procedure employed in session 2 was exactly the same as in session 1.

Statistics
For comparison purposes, the 120 min postAMPH measurement was divided into four 30 min sections. Thus, each testing (session) comprised six measurements of equal duration (30 min) denoted as „blocks”: 1 — preinjection block, 2 — postSAL block (i.e. after injection with 0.9% NaCl), and 3, 4, 5 and 6 — successive postAMPH blocks (i.e. after injection with 0.5 mg/kg of AMPH). Such arrangement allowed for a better assessment of the dynamics of the AMPH effect (the effect
Block 1 — control (preinjection) activity, block 2 — activity after the SAL injection, blocks 3, 4, 5 and 6 — activity during successive 30 min sections after AMPH (0.5 mg/kg) injection.

ANOVA: group effects: F (3.24) = 9.80; P = 0.0002; session effects: F (1.24) = 9.32; P = 0.0000; interaction: F (3.24) = 20.64; P = 0.0000.

* P < 0.05 — compared to post SAL measurement.
** P < 0.05 — compared to control 0 in the same session.
*** P < 0.05 — compared to corresponding measure before sensitization.

The bars represent mean values and SEM of the ambulatory activity (distance in metres) in successive 30 min blocks in the rats exposed to hemimellitene on the locomotor response to AMPH challenge before (session 1) and 14 days after (session 2) a repeated (2.5 mg/kg, 1/day×5 days) AMPH treatment.

**Fig. 1.** Diagrams illustrating the effect of prior exposure to hemimellitene on the locomotor response to AMPH challenge before (session 1) and 14 days after (session 2) a repeated (2.5 mg/kg, 1/day×5 days) AMPH treatment.

Sensitivity to AMPH and susceptibility to psychostimulant sensitization after the solvent exposure

The typical pattern of behaviour during testing with the adopted test procedure was as follows. In block 1 the motoric activity, horizontal (locomotion) and vertical (rears), was related with the exploration of the cage environment. During the first several minutes this activity was intense but soon declined and the animal assumed a sitting posture in a corner of the cage. It rose again for a short time (5–10 min) in block 2, i.e. after the SAL injection.

A marked increase in activity occurred after the AMPH (0.5 mg/kg) challenge. The psychostimulant effect was most evident in the first 30 min after AMPH (block 3), and was still notable in the next 30 min (block 4). In the second...
hour after AMPH (blocks 5 and 6), the activity resembled that from block 1 and 2. The above pattern of the procedure-related changes in activity was best seen in the measures of locomotion (distance and the number of ambulation episodes). It was also present in the measurements of the vertical activity (number of rears), but in this case the between-subject variability was very high, what made results of statistical comparisons unreliable. Therefore, results concerning the vertical activity will not be presented below. Omitted are also data concerning the number of ambulation episodes. The analysis of this measure provided results resembling those produced by the analysis of the distance. To show the effects of AMPH challenge clearly, the data for blocks 3, 4, 5 and 6 were pooled and subjected to a separate analysis.

**Hemimellitene**

Figures 1 and 2 illustrate the effects of exposure to hemimellitene. Figure 1 gives results of all measurements (30 min blocks). Fig. 2 shows pooled postAMPH measurements (block 3, 4, 5 and 6). With regard to the data presented in Figure 1, the analysis revealed no significant differences between groups in block 1 (preinjection measurement) and block 2 (postSAL measurement). Differences between groups appeared after AMPH challenge and concerned block 3 and 4. In session 1, the distance walked by rats of the HM 100 group in these blocks was significantly longer than that walked by rats of the control group. Also in the HM 250 group, the postAMPH locomotion was apparently more intense than in the control group, but the difference appeared insignificant statistically. In session 2, in all groups, the distance walked in block 3 was significantly longer compared to that in block 3 of session 1, indicating an increased sensitivity to AMPH after the repeated AMPH treatment. In groups HM 100, however, this increase was the highest; in this group the distance walked in block 3, as well as the summed distance from blocks 3, 4, 5 and 6, in session 2 were significantly longer than in the control group in the same session.

**Pseudocumene**

In all groups exposed to PS, the spontaneous locomotor activity in block 1 of session 1 was increased compared to the control group, although the difference was significant only for the PS 250 group. In block 2 there were no differences between groups. Significant differences appeared in block 3. In session 1, the AMPH challenge resulted in increased locomotor activity in the control group and

* P < 0.05 — compared to control. ** P < 0.05 — compared to corresponding measure before sensitization.

Bars represent mean values and SEM of the cumulated locomotor activity (distance in metres) during the 2-hour measurement following AMPH (0.5 mg/kg) challenge.

**Fig. 2.** Diagrams illustrating the effect of prior exposure to hemimellitene on the locomotor response to AMPH challenge before (session 1) and 14 days after (session 2) a repeated AMPH treatment (2.5 mg/kg, 1/day×5 days).
AMPH challenge and susceptibility to become sensitized by a repeated AMPH treatment; the alterations are detectable several weeks after the exposure, which means that they are long-lasting and not related directly to the presence of the solvent or its metabolites in the organism; in case of each solvent, the exposure-effect relationship is nonlinear. Of the three concentrations used: 25, 100 and 250 ppm, the concentration of 100 ppm appeared to be the most effective; the alterations induced by exposure to 100 ppm hemimellitene or pseudocumene go in opposite directions: exposure to HM results in increased, and exposure to PS in decreased behavioural sensitivity to AMPH and susceptibility to sensitisation by a repeated AMPH treatment.

The fact that the TMB exposures resulted in altered sensitivity to AMPH and susceptibility to AMPH sensitisation is not surprising. As mentioned in the Introduction, results of earlier experiments suggested long-lasting changes in the CNS functional state after a similar TMB

**DISCUSSION**

Results of the present study may be summarized as follows:

a) A low-level 4-week inhalation exposure to TMB isomers, hemimellitene or pseudocumene, results in alterations in the rat’s behavioural sensitivity to an AMPH challenge and susceptibility to become sensitized by a repeated AMPH treatment;

b) The alterations are detectable several weeks after the exposure, which means that they are long-lasting and not related directly to the presence of the solvent or its metabolites in the organism;

c) In case of each solvent, the exposure-effect relationship is nonlinear. Of the three concentrations used: 25, 100 and 250 ppm, the concentration of 100 ppm appeared to be the most effective;

d) The alterations induced by exposure to 100 ppm hemimellitene or pseudocumene go in opposite directions: exposure to HM results in increased, and exposure to PS in decreased behavioural sensitivity to AMPH and susceptibility to sensitisation by a repeated AMPH treatment.

The fact that the TMB exposures resulted in altered sensitivity to AMPH and susceptibility to AMPH sensitisation is not surprising. As mentioned in the Introduction, results of earlier experiments suggested long-lasting changes in the CNS functional state after a similar TMB
in the present experiments is not surprising. Nonlinearity in the concentration/dose effect relationship is common in case of the acute effects of solvents — psychomotor arousal at low and depression at high concentrations — but at concentrations much higher than those used in the present study. Some data concerning toluene, however, indicate that, depending on the experimental endpoints, the nonlinearity may be observed even at concentrations close to the adopted hygienic standards [28]. The most surprising in the present experiment is the apparently opposing character of the effects produced by PS and HM. This is in disagreement with the previous studies where the behavioural effects of exposure to these solvents did not differ qualitatively. A tentative conclusion from the present results is that, at some exposure levels (conditions), exposure to HM may result in an augmented behavioural sensitivity to AMPH and increased susceptibility of the experimental animals to become sensitised by a repeated AMPH treatment. At the same exposure conditions, exposure to PS results in a decreased sensitivity to AMPH and susceptibility to sensitization by a repeated AMPH treatment. If the behavioural sensitisation to AMPH (and other psychostimulants) underlies some aspects of drug addiction, then the present results might indicate that, at least at certain exposure levels, exposure to HM increases

** P < 0.05 — compared to control. ** P < 0.05 — compared to corresponding measure before sensitization.

Bars represent mean values and SEM of the cumulated locomotor activity (distance in metres) during the 2-hour measurement following AMPH (0.5 mg/kg) challenge.

Fig. 4. Diagrams illustrating the effect of prior exposure to pseudocumene on the locomotor response to AMPH challenge before (session 1) and 14 days after (session 2) a repeated AMPH treatment (2.5 mg/kg, 1/day×5 days).
and exposure to PS reduces the propensity for developing drug dependence.
It is also quite likely, however, that the contradistinction of the effects produced by exposure to HM and PS is apparent or limited to the behavioural aspect only. First of all, it is worth mentioning that the character of the open-field behavioural response to an AMPH challenge depends on many factors, including the type of the prior exposure. Weeks after an intermittent or even single administration of AMPH, the behavioural response to AMPH challenge is augmented [29]. Exposure to an organophosphorus pesticide, on the other hand, results, weeks later, in behavioural hyposensitivity to an AMPH challenge [24,30]. In both cases, however, the humoral response to the AMPH challenge, i.e. the increase in the plasma corticosterone, is augmented (personal information). It may indicate that humoral sensitization and behavioural sensitization may remain unrelated, depending on the type of the inducing stimulus. Another conjecture worth considering as the possible cause of different behavioural effects produced by exposure to PS or HM is different stressfulness of these substances for the rat. (This conjecture assumes that the difference in the action between PS and HM is quantitative rather than qualitative.) There is no doubt that inhaling TMBs, similarly as other aromatic hydrocarbons, may provoke stress response, especially in species with highly developed sense of smell [31–33]. Some years ago, Antelman et al. showed that the changes developing after exposure to a stressor (termed by Antelman as Time-Dependent Sensitization — TDS) may, depending on the strength of the stressor, proceed in opposite directions: increased or decreased sensitivity to the inducing stressor as well as to other stressors [34,35]. It is likely that, owing to differences in the spatial configuration of the methyl groups, the PS odour is being perceived by the rat as more unpleasant or alarming, and therefore more stressful, than the HM odour (or vice versa). Thus, the opposing character of the behavioural effects of exposure to PS or HM could result from differences in stressfulness between these two solvents. If the above conjecture is true, then one may expect that, at some concentration, the effect of exposure to PS will be the same as effects of exposure to 100 ppm of HM and vice versa. However, checking whether this conjecture is true would require another experiment employing much broader range of concentrations that that used in the present one.

Although the results presented here provide no answer to the question about the nature of the HM and PS effects, they show quite clearly that exposure to the substances may result in altered sensitivity to AMPH and/or influence the development of the long-term adaptive changes induced by a repeated administration of the psychostimulant. It needs to be emphasized that the effective concentrations for these effects are relatively low (are likely to occur during work with technical mixtures containing TMBs). Finally, it is worth stating that, thanks to the efforts of some research groups, the list of industrial chemicals able to induce behavioural sensitisation (or TDS) continues to be extended. To date, apart from toluene [10,12,36], sensitization to psychostimulants was described after exposure to formaldehyde [37,38]. It is suspected that this characteristic is also shared by some pesticides [7] and heavy metals [5].

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