

## SELECTED ASPECTS OF THE POPULATION HEALTH STATUS IN ECOLOGICAL HAZARD AREAS IN COMPARISON WITH ECOLOGICALLY "CLEAN AREA". III. LOCALISATION OF URBAN REGIONS WITH HIGH MORTALITY FROM ALL AND FROM THE CIRCULATORY SYSTEM DISEASES

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**Key words:** Ecological hazard areas, Male and female high mortality, Mortality from all diseases, Mortality from cardiovascular diseases

**Abstract.** Territorial localisation of urban regions with particularly high mortality from all diseases and from diseases of the circulatory system in males and females was the aim of the study. Altogether 177 urban regions within ecological hazard areas (EHAs) and 76 urban regions within reference area (RA) were subjected to evaluation.

In the group of urban regions in which mortality rate from all diseases exceeded the value of arithmetic mean + 1/2 of standard deviation, 32 urban regions of EHA and 12 of them with RA were selected for assessing male mortality and 44 and 7, respectively, for assessing female mortality.

Applying the same criteria 53 and 16 urban regions and 50 and 11 urban regions were identified because of mortality from diseases of the circulatory system in males and females, respectively.

It was revealed that urban regions with the highest mortality rates were located in regions of the highest ecological hazard.

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## INTRODUCTION

It is generally assumed that mortality is a basic negative parameter of the population health status (1,2,3) and territorial variability of death rates may reflect the incidence of diseases which become the cause of death.

If it is presumed that 75% of death is caused by the three main groups of diseases, the so called civilisation-related diseases (diseases of the circulatory system, neoplasms and injury and poisoning), which are mostly associated with environmen-

tal factors, the territorial analysis of mortality becomes an essential tool for observing the health effects in the population living in regions of environmental degradation and pollution (4,5,6).

In the second part of this study, territorial distributions of mortality were thoroughly analysed in order to evaluate the impact of ecological hazard on negative health indices (7).

This part of the analysis was designed to identify urban regions with particularly high mortality from all diseases and from disease of the circulatory system (DCS) in males and females living in ecological hazard areas (EHAs) and in reference area (RA).

## MATERIALS AND METHODS

Data on mortality in urban regions collected in the database during 1989 were analysed. External causes of death (injuries and poisonings) were excluded from general mortality. A direct method was used for the age adjustment of mortality rates. Two sub-groups were distinguished in the total number of urban regions: urban regions within ecological hazard areas (EHAs), and urban region within reference area (RA). The identification of the reference area was based on the analysis of spatial distribution of contamination and environmental degradation from chemicals. The data was obtained from the information collected routinely. The least contaminated eastern districts: Biala Podlaska, Bialystok, Ciechanow, Krosno, Lomza, Siedlce, Zamosc have been selected as reference area.

The territorial analysis of mortality distribution identified urban regions with the highest mortality rates. Urban regions where mortality exceeded the level of median for the set of mortality rate values plus 1/2 standard deviation were included in this group.

### Results of the analysis

Mortality from diseases excluding external causes of death manifested a high territorial variability, however, the distribution remained normal (5).

In general, the analysis revealed that mortality in urban regions of EHAs is, on average, higher than mortality observed in urban areas of reference area.

Tables 1 and 2 present lists of urban regions with particularly high mortality from all diseases, namely over 144 deaths per 10 000 among males and over 85 per 10 000 among females.

It is worth mentioning here that the ranking of 27 ecological hazard areas, based on comprehensive measurements of dust and gas emissions, deposits of industrial wastes, sludge of polluted municipal and industrial sewages, degradation of soil and forests, identified regions of particularly high environmental degradation. These are: Upper Silesia, Cracow, Legnica, Lodz and Gdansk. The latter because of a specific ecological hazard observed in the Gdansk Bay.

In the map (Fig. 1) urban regions with particularly high mortality rates are presented. They are concentrated in areas of the highest ecological pollutions.

Out of 32 urban regions placed in the group of particularly high mortality, almost half of them — 14 are located in the south-west part of Poland and

**Table 1.** List of towns with high mortality rate from all diseases in males

| EHAs                 |           |       | Reference area      |       |
|----------------------|-----------|-------|---------------------|-------|
| Administrative unit  | No of EHA | SMR   | Administrative unit | SMR   |
| Strzelce Opolskie    | 22        | 187.8 | Choroszcz           | 253.2 |
| Tolkmicko            | 2         | 181.8 | Knyszyn             | 181.6 |
| Gogolin              | 22        | 179.4 | Dukla               | 181.3 |
| Słomniki             | 26        | 177.2 | Mordy               | 168.4 |
| Trzebinia            | 25        | 174.3 | Biłgoraj            | 165.0 |
| Swarzędz             | 3         | 172.9 | Stoczek Łukowski    | 159.3 |
| Ślesin               | 6         | 169.8 | Pułtusk             | 153.0 |
| Chocianów            | 9         | 168.2 | Terespol            | 152.0 |
| Krapkowie            | 22        | 165.2 | Zelechów            | 151.4 |
| Świętochłowice       | 25        | 164.7 | Iwonicz-Zdrój       | 149.2 |
| Barcin               | 5         | 164.3 | Ciechanowiec        | 146.5 |
| Jastarnia            | 2         | 159.3 | Nasielsk            | 144.7 |
| Braniewo             | 2         | 157.6 |                     |       |
| Frombork             | 2         | 155.7 |                     |       |
| Hel                  | 2         | 154.7 |                     |       |
| Brześć Kujawski      | 7         | 154.4 |                     |       |
| Ruda Śląska          | 25        | 154.3 |                     |       |
| Aleksandrów Kujawski | 4         | 154.1 |                     |       |
| Luboń                | 3         | 153.6 |                     |       |
| Wejherowo            | 2         | 150.6 |                     |       |
| Bytom                | 25        | 150.2 |                     |       |
| Zawidów              | 16        | 148.1 |                     |       |
| Proszowice           | 26        | 147.8 |                     |       |
| Mysłowice            | 25        | 147.3 |                     |       |
| Chorzów              | 25        | 146.3 |                     |       |
| Katowice             | 25        | 146.2 |                     |       |
| Pruszcz Gdański      | 2         | 146.1 |                     |       |
| Aleksandrów Łódzki   | 12        | 145.3 |                     |       |
| Piekary Śląskie      | 25        | 145.3 |                     |       |
| Inowrocław           | 5         | 145.1 |                     |       |
| Kamień Pomorski      | 1         | 145.0 |                     |       |
| Chrzanów             | 25        | 144.6 |                     |       |

among them 9 in Upper Silesia – area of ecological disaster. They are: Trzebinia (174.3 deaths per 10 000), Świętochłowice (164.7), Ruda Śląska (154.3), Bytom (150.2), Mysłowice (147.3), Chorzów (146.3), Katowice (146.2), Piekary Śląskie (145.3) and Chrzanów (144.6).

Another agglomeration of urban regions with particularly high male mortality is Gdansk EHA-7 urban regions with high male mortality is the Gdansk Bay: Tolkmicko takes the second place among all 178 urban regions in EHAs (181.8 death per 10 000), Jastarnia (159.3), Braniewo (167.6), Wejherowo (150.6) and Pruszcz Gdański (146.1), situated further from the sea-side.

Out of 44 urban regions of particularly high female mortality in EHAs, 28 (64%) are located in the south west part of Poland (Table 2). Already 14 urban regions are placed in the Upper Silesia EHA and 4 in the Gdansk EHA.

**Table 2.** List of towns with high mortality rate from all diseases in females

| EHAs                 |           |       | Reference area      |       |
|----------------------|-----------|-------|---------------------|-------|
| Administrative unit  | No of EHA | SMR   | Administrative unit | SMR   |
| Puck                 | 2         | 131.3 | Choroszcz           | 130.7 |
| Leśnica              | 22        | 126.7 | Ciechanowiec        | 124.8 |
| Tolkmicko            | 2         | 122.7 | Siemiatycze         | 99.6  |
| Jastarnia            | 2         | 106.7 | Parczew             | 89.7  |
| Skawina              | 26        | 104.8 | Zagórz              | 88.7  |
| Chorzów              | 25        | 104.6 | Lesko               | 87.4  |
| Piekary Śląskie      | 25        | 104.6 | Ciechanów           | 86.2  |
| Świętochłowice       | 25        | 103.2 |                     |       |
| Boguszów-Gorce       | 18        | 102.3 |                     |       |
| Chocianów            | 9         | 100.6 |                     |       |
| Łaziska Górne        | 25        | 99.2  |                     |       |
| Kamień Pomorski      | 1         | 98.7  |                     |       |
| Gogolin              | 22        | 97.7  |                     |       |
| Chrzanów             | 25        | 97.5  |                     |       |
| Pruszcz Gdański      | 2         | 97.1  |                     |       |
| Siemianowice Śląskie | 25        | 96.0  |                     |       |
| Łódź-Widzew          | 12        | 94.9  |                     |       |
| Zawidów              | 16        | 93.6  |                     |       |
| Trzebinia            | 25        | 93.2  |                     |       |
| Knurów               | 23        | 93.1  |                     |       |
| Ruda Śląska          | 25        | 91.9  |                     |       |
| Krapkowice           | 22        | 91.2  |                     |       |
| Złotoryja            | 9         | 90.3  |                     |       |
| Prochowice           | 9         | 90.3  |                     |       |
| Kowary               | 17        | 89.6  |                     |       |
| Zgierz               | 12        | 89.1  |                     |       |
| Bytom                | 25        | 88.7  |                     |       |
| Poznań-Jeżyce        | 3         | 88.4  |                     |       |
| Zgorzelec            | 16        | 88.1  |                     |       |
| Zabrze               | 25        | 88.1  |                     |       |
| Mikołów              | 25        | 88.0  |                     |       |
| Tarnów               | 27        | 87.9  |                     |       |
| Mysłowice            | 25        | 87.8  |                     |       |
| Wejherowo            | 2         | 87.8  |                     |       |
| Zdzieszowice         | 22        | 87.6  |                     |       |
| Czechowice-Dziedzice | 25        | 87.2  |                     |       |
| Łódź-Śródmieście     | 12        | 86.9  |                     |       |
| Hel                  | 2         | 86.8  |                     |       |
| Nowa Dęba            | 21        | 86.2  |                     |       |
| Polkowice            | 9         | 86.1  |                     |       |
| Reda                 | 2         | 85.9  |                     |       |
| Brzeszcze            | 25        | 85.6  |                     |       |
| Wodzisław Śląski     | 23        | 85.2  |                     |       |
| Tomaszów Mazowiecki  | 13        | 85.1  |                     |       |

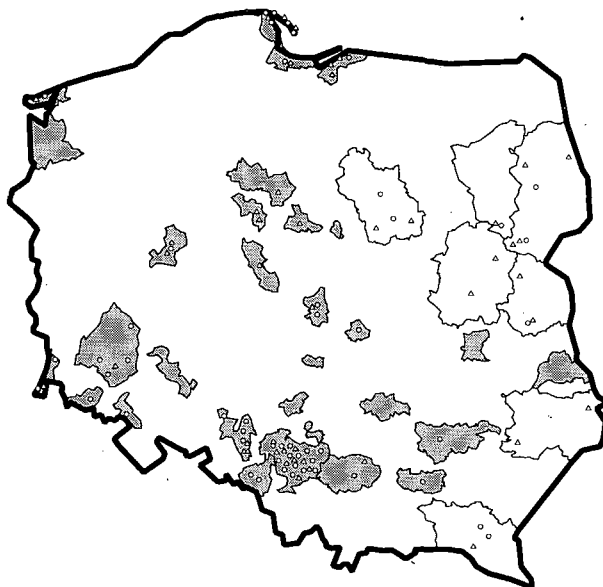


Fig. 1. Urban regions with high mortality rate from all diseases.

Urban regions with the highest mortality from all diseases in males — 12 and in females — 7, are also located in the reference area. Particularly high mortality rates are noted for men and women in Choroszcz where a mental hospital operates. It takes the first place among all standardised mortality rate values in urban regions in Poland — (253.2) and (130.7), respectively.

#### **Urban regions with particularly high mortality from diseases of the circulatory system (DCS)**

Bearing in mind the afore-said criteria, urban regions where mortality rates exceeded 75 deaths per 10 000 in the group of males and similarly 50 in the group of females were classified as those with particularly high rate of mortality from DCS. The list of these urban regions are presented for men in Table 3 and for women in Table 4, and their localisation is shown in Fig. 2.

Out of 69 urban regions with high male mortality as many as 53 (almost 75%) are located in EHAs. Already 19 of these regions belong to the Upper Silesia EHA. Further 21 (30%) are situated in other most polluted EHAs, namely: 6 in Gdansk, 5 in Opole, 5 in Inowroclaw, and 5 in Legnica — Glogow. The territorial distribution of 21 urban regions with high female mortality differs from the distribution observed in the group of males 6 (30%) in, the Upper Silesia EHA, 3 in the Gdansk EHA, and 3 in the Legnica — Glogow EHA).

Out of 76 urban regions in the reference area, 16 for males and 11 for females were included in the group of urban regions with particularly high mortality from DCS.

**Table 3.** List of towns with high mortality rate from the circulatory system diseases in males

| EHAs                 |           |        | Reference area      |        |
|----------------------|-----------|--------|---------------------|--------|
| Administrative unit  | No of EHA | SMR    | Administrative unit | SMR    |
| Barcin               | 5         | 116.10 | Dukla               | 142.20 |
| Tolkmicko            | 2         | 112.49 | Choroszcz           | 112.95 |
| Gogolin              | 22        | 112.35 | Ciechanowiec        | 102.72 |
| Strzelce Opolskie    | 22        | 109.11 | Knyszyn             | 91.38  |
| Hel                  | 2         | 102.29 | Biłgoraj            | 88.82  |
| Chocianów            | 9         | 101.25 | Drohiczyn           | 85.79  |
| Słomniki             | 26        | 100.72 | Parczew             | 84.32  |
| Luboń                | 3         | 98.09  | Stoczek Łukowski    | 82.31  |
| Kuźnia Raciborska    | 22        | 94.80  | Szczepieszyń        | 82.19  |
| Krapkowie            | 22        | 93.60  | Łuków               | 81.10  |
| Świętochłowice       | 25        | 91.66  | Płońsk              | 80.63  |
| Kamień Pomorski      | 1         | 91.21  | Sokołka             | 80.6   |
| Frombork             | 2         | 91.21  | Międzyrzec Podlaski | 79.00  |
| Swarzędz             | 3         | 90.57  | Pułtusk             | 77.14  |
| Trzebinia            | 25        | 90.05  | Hrubieszów          | 76.81  |
| Zawidów              | 16        | 88.33  | Sokołów Podlaski    | 75.59  |
| Mysłowice            | 25        | 87.41  |                     |        |
| Ruda Śląska          | 25        | 87.31  |                     |        |
| Brzeszcze            | 25        | 87.18  |                     |        |
| Głuszyca             | 18        | 85.63  |                     |        |
| Przemków             | 9         | 84.79  |                     |        |
| Jedlina Zdrój        | 18        | 84.50  |                     |        |
| Myszków              | 24        | 84.36  |                     |        |
| Chorzów              | 25        | 84.31  |                     |        |
| Bytom                | 25        | 84.29  |                     |        |
| Kruszwica            | 5         | 83.95  |                     |        |
| Kleczew              | 6         | 83.03  |                     |        |
| Tarnowskie Góry      | 25        | 82.93  |                     |        |
| Inowrocław           | 5         | 82.54  |                     |        |
| Chrzanów             | 25        | 82.47  |                     |        |
| Skawina              | 26        | 81.95  |                     |        |
| Świebodzice          | 18        | 81.14  |                     |        |
| Pakość               | 5         | 81.13  |                     |        |
| Czechowice-Dziedzice | 25        | 81.08  |                     |        |
| Aleksandrów Kujawski | 4         | 80.83  |                     |        |
| Zdzieszowice         | 22        | 80.74  |                     |        |
| Katowice             | 25        | 78.91  |                     |        |
| Krzeszowice          | 26        | 78.81  |                     |        |
| Chojnów              | 9         | 78.51  |                     |        |
| Knurów               | 23        | 77.81  |                     |        |
| Tomaszów Mazowiecki  | 13        | 77.81  |                     |        |
| Piekary Śląskie      | 25        | 77.72  |                     |        |
| Łódź-Śródmieście     | 12        | 77.64  |                     |        |
| Poznań-Jeżyce        | 3         | 77.24  |                     |        |
| Leszczyny            | 23        | 77.20  |                     |        |
| Janikowo             | 5         | 77.17  |                     |        |
| Aleksandrów Łódzki   | 12        | 77.09  |                     |        |
| Mielec               | 21        | 76.74  |                     |        |
| Proszowice           | 26        | 76.47  |                     |        |
| Siemianowice Śląskie | 25        | 76.05  |                     |        |
| Chełmek              | 25        | 75.95  |                     |        |
| Zawiercie            | 24        | 75.31  |                     |        |

**Table 4.** List of towns with high mortality rate from the circulatory system diseases in females

| EHAs                 |           |        | Reference area      |       |
|----------------------|-----------|--------|---------------------|-------|
| Administrative unit  | No of EHA | SMR    | Administrative unit | SMR   |
| Leśnica              | 22        | 110.22 | Choroszcz           | 76.96 |
| Chocianów            | 9         | 81.50  | Ciechanowiec        | 75.23 |
| Tolkmicko            | 2         | 71.45  | Zagórz              | 73.49 |
| Łaziska górne        | 25        | 69.67  | Lesko               | 58.94 |
| Skawina              | 26        | 68.71  | Mordy               | 57.26 |
| Zawidów              | 16        | 67.09  | Czarna Białostocka  | 54.45 |
| Nowa Dęba            | 21        | 66.78  | Jasło               | 54.37 |
| Chrzanów             | 25        | 64.82  | Wągrów              | 52.72 |
| Chorzów              | 25        | 63.72  | Raciąż              | 51.85 |
| Świętochłowice       | 25        | 63.24  | Jedlicze            | 50.74 |
| Polkowice            | 9         | 62.15  | Hrubieszów          | 50.30 |
| Piekary Śląskie      | 25        | 61.40  |                     |       |
| Łódź-Widzew          | 12        | 61.39  |                     |       |
| Czechowice-Dziedzice | 25        | 60.92  |                     |       |
| Boguszów             | 18        | 60.55  |                     |       |
| Kleczew              | 6         | 60.43  |                     |       |
| Trzebinia            | 25        | 59.58  |                     |       |
| Zdzieszowice         | 22        | 59.14  |                     |       |
| Słomniki             | 26        | 58.71  |                     |       |
| Gogolin              | 22        | 58.54  |                     |       |
| Tarnów               | 27        | 58.19  |                     |       |
| Zgorzelec            | 16        | 56.50  |                     |       |
| Brzeszcze            | 25        | 56.42  |                     |       |
| Leszczyny            | 23        | 55.68  |                     |       |
| Krapkowice           | 22        | 55.04  |                     |       |
| Pabianice            | 12        | 54.34  |                     |       |
| Siemianowice Śląskie | 25        | 54.23  |                     |       |
| Ruda Śląska          | 25        | 54.15  |                     |       |
| Zgierz               | 12        | 53.20  |                     |       |
| Bogatynia            | 16        | 53.14  |                     |       |
| Mikołów              | 25        | 53.09  |                     |       |
| Libań                | 25        | 53.08  |                     |       |
| Ciechocinek          | 4         | 52.82  |                     |       |
| Tomaszów Mazowiecki  | 13        | 52.56  |                     |       |
| Puck                 | 2         | 52.44  |                     |       |
| Chojnów              | 9         | 52.38  |                     |       |
| Mysłowice            | 25        | 52.35  |                     |       |
| Świebodzice          | 18        | 52.31  |                     |       |
| Dąbrowa Górnicza     | 25        | 52.06  |                     |       |
| Kraków-Śródmieście   | 26        | 51.74  |                     |       |
| Puszczykowo          | 3         | 51.49  |                     |       |
| Częstochowa          | 19        | 51.09  |                     |       |
| Zabrze               | 25        | 50.95  |                     |       |
| Bytom                | 25        | 50.80  |                     |       |
| Szczawno-Zdrój       | 18        | 50.61  |                     |       |
| Jastarnia            | 2         | 50.56  |                     |       |
| Reda                 | 2         | 50.53  |                     |       |
| Jawor                | 9         | 50.52  |                     |       |
| Świnoujście          | 1         | 50.37  |                     |       |
| Złotoryja            | 9         | 50.03  |                     |       |

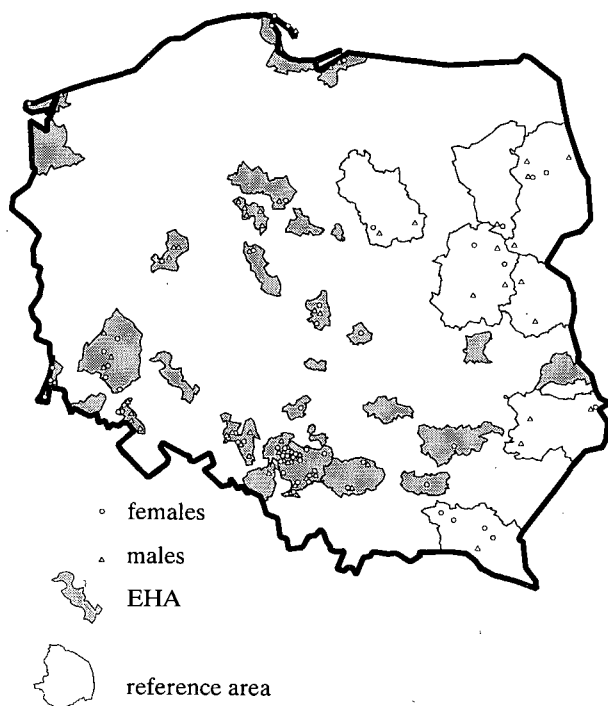


Fig. 2. Urban regions with high mortality rate from the circulatory system diseases.

## CONCLUSIONS

The population health status in territorial units depends, to a great extent, on the demographic situation. However, repeated analyses as well as, the pattern of mortality causes prove, undoubtedly, that certain environmental conditions (levels of ecological hazard) produce adverse health effects.

The localisation of urban regions with particularly high mortality rates provides a reliable evidence on the negative impact of the environmental degradation and ecological hazard on the population health status reflected in mortality rates.

Urban regions with the highest mortality rates from all diseases and from the circulatory system diseases in males and females are agglomerated in areas of the highest environment pollution, and the Upper Silesia and Gdansk EHAs take the first place among them.

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